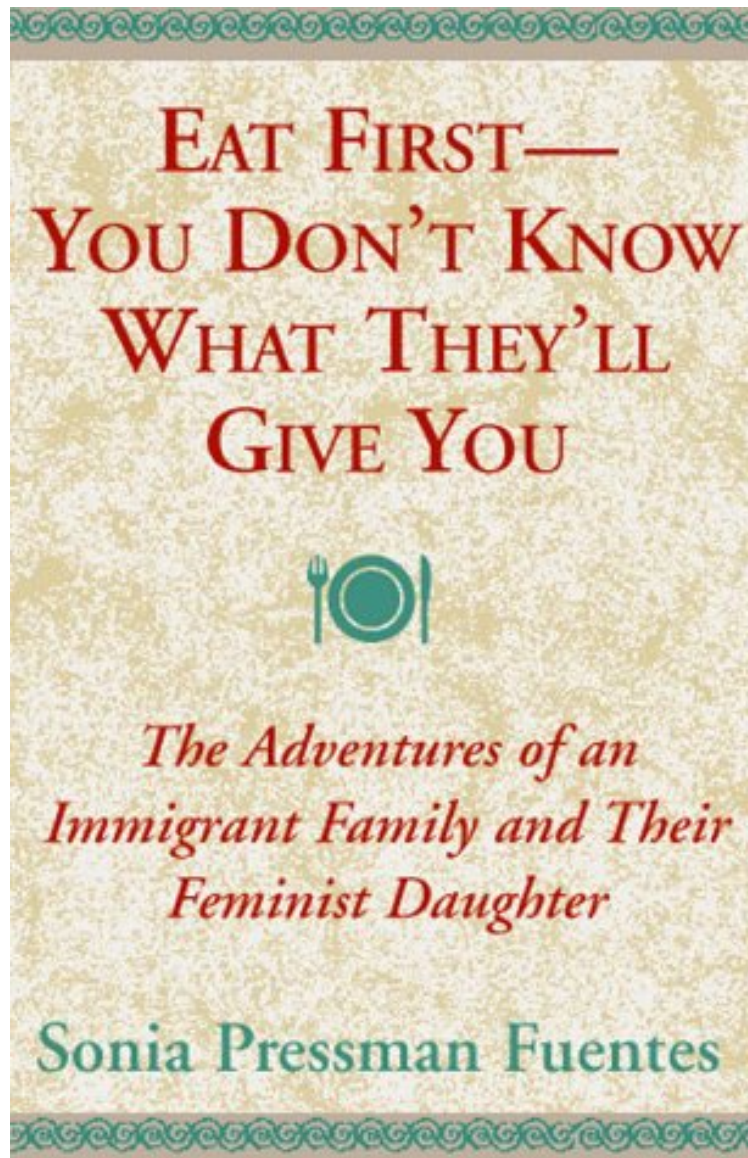


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Eat First -- You Don't Know What They'll Give You

Sonia Pressman Fuentes

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Sonia Pressman Fuentes : Eat First -- You Don't Know What They'll Give You before purchasing it in order to gage whether or not it would be worth my time, and all praised Eat First -- You Don't Know What They'll Give You:

0 of 0 people found the following review helpful. Gripping true story of how one woman has fought for the rights of so many.By B PeltierI know Sonya personally so reading her life story was amazing. She's a brave woman.0 of 0 people found the following review helpful. A Must Read for all women!By Edith C. KaplanSince I am personally acquainted with the author it is difficult to be impartial. I read the book shortly after meeting her for the first time and

found it both amusing and fascinating. This woman is a legend in her own time. She has truly made her mark on this world and all women my daughter's age (45) have better working conditions because of Ms. Fuentes! 0 of 0 people found the following review helpful. An Amazing Woman By Peggy I belong to the UN Women organization which has a book Club. Sonia Fuentes, author of this book, was asked to speak at the meeting in which we discussed *Eat First*. She is an amazing woman and her life has had many twists and turns. However, those twists and turns have made her a powerful advocate for women. She has seen many changes in her life in attitudes toward women and she continues to affect change. I hope many women will read her book!

Interview of Sonia Pressman Fuentes by Linda Kyle Davis published in the "Writers Around the World" section, writingnow.com, August 1998: Q: What must writers do to succeed in the field, or writing both on the Internet and in print? A: To succeed in writing, writers must keep on writing and marketing. The marketing takes at least as much time and effort, and probably more, than the writing. But it's worth the effort. For me, there's no sense in writing if you're not going to be communicating to readers.

EAT FIRST--YOU DON'T KNOW WHAT THEY'LL GIVE YOU, The Adventures of an Immigrant Family and Their Feminist Daughter, by Sonia Pressman Fuentes is the story of an extraordinary woman at an extraordinary time in our country's history. It is the story of a five-year-old immigrant girl who came to this country with her family to escape the Holocaust and grew up to become a founder of the Second Wave of the women's movement. Ms. Fuentes is a natural storyteller and through her tales and anecdotes we come to know her parents, her brother, and Sonia, herself. The tale begins with her father's running away from his own wedding in a small Polish town, only to be rounded up by incensed village folk determined that a wedding would take place. It moves on to Sonia's birth and the family's flight from the Nazi reign of terror in 1930s Germany, first to Belgium and then to the United States. We come to know her family through the wry humor and warm understanding of the author and feel we know them as we would our own next-door neighbors. Our heroine does, indeed, survive being a stranger in a strange land, grows up, goes to college and then law school and becomes one of the founding mothers of the National Organization for Women and a champion of women's rights in the primary government agency charged with enforcing those rights. Along the way, she gets married, has a child, gets divorced, raises her daughter as a single mother, and is one of the forces for change in women's status that sweep this country in the 1960s and '70s. Her unique family and perspective shine in these memoirs and the reader feels a kinship with her and her family's struggles, their love, and their determination because it speaks to us all of our own. -- Becky Barbour, *Writer and Book er*, Columbus, Ohio
About the Author: Sonia Pressman Fuentes, spfuentes@comcast.net, is a writer, public speaker, feminist, and lawyer. She was the first woman attorney in the General Counsel's Office at the Equal Employment Opportunity Commission (EEOC) and a founder of the National Organization for Women (NOW). In 1996, she received the Veteran Feminists of America Medal of Honor.